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READY TO LOOK UP AND DO SOMETHING ABOUT CLIMATE CHANGE? THIS GUIDE WILL HELP YOU KICKSTART MEANINGFUL DISCUSSION AROUND THE THEMES ADDRESSED IN DON'T LOOK UP AND SUPPORT YOU IN INSPIRING ACTION IN YOUR COMMUNITY.

Don't Look Up is a comedy that follows two low-level astronomers who must go on a giant media tour to warn mankind of an approaching comet that will destroy planet Earth.







The film is a metaphor for the climate crisis we are currently facing. It is a love letter to scientists, changemakers, and solution seekers, and a rallying cry for global climate action.

Sometimes the reality of climate change can feel overwhelming but, unlike the characters in *Don't Look Up*, we can choose how our story ends.

If we choose to talk openly, listen to one another, and take action together, we can write a new ending to our story.

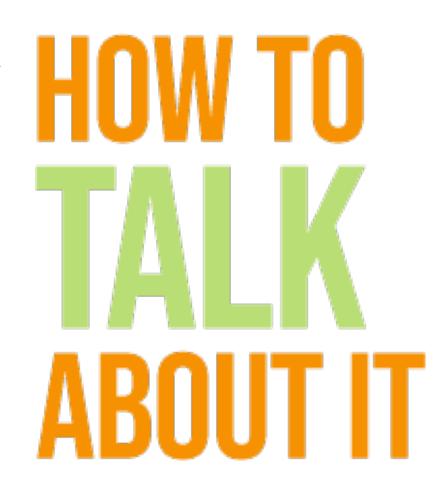
**Take a moment** after the film to share initial reactions and emotions before diving into questions.

Keep the conversation focused, but ensure everyone feels heard.

Tie it back to your community.

End on a hopeful note.

Empower your audience to take action on the <u>Don't Look Up Climate Action Platform</u>



## CONVERSATION STARTERS

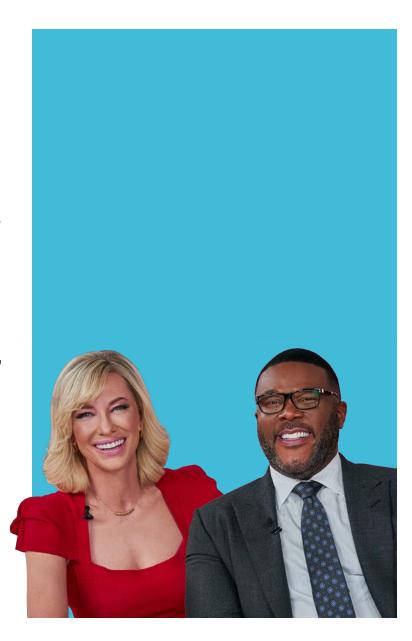


#### **COMET VS. CLIMATE**

As the comet hurtles towards Earth, the film tackles science denial, misinformation, climate emotions, political gridlock, and more. What parallels or similarities to the modern-day climate crisis stood out to you in the film? Comet aside, what are some of the differences between the film's story and the current climate?

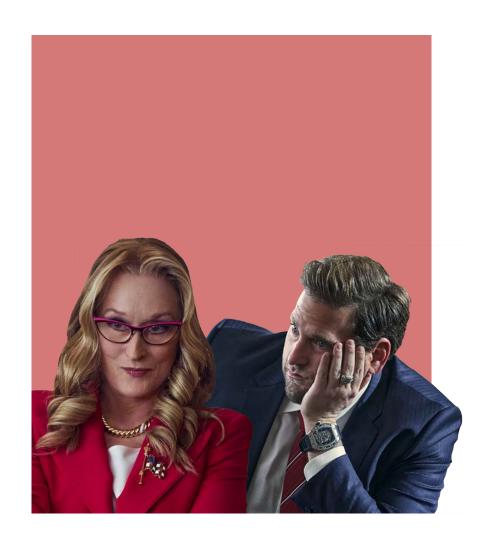
#### LISTENING TO THE SCIENCE

- → Dr. Mindy and Kate Dibiasky struggle to capture the world's attention and convince people of the science. What barriers exist when bringing science to mainstream audiences, and in particular to people who do not accept climate science? What approaches or mindsets may help to overcome those barriers?
- After an outburst from their guests, the hosts of The Daily Rip talk show remark that they like to keep "the bad news light." Eventually, Dr. Mindy says that we need to get better at having hard conversations. How can the media, as well as other public voices, better have hard conversations by balancing the urgency of the issue without scaring people to a point of paralysis and inaction?
- ➡ Beyond scientists, are there other effective messengers you think should speak up more on climate change? Are there ways in which you can fill this role in your own circles?



#### **CLIMATE JUSTICE**

In the film, a handful of powerful people are making the decisions for the rest of the world. As we work on and invest in climate solutions, how can we ensure our plans are ethical and inclusive, and provide a seat at the table for communities at the frontlines of climate change who are disproportionately at risk?

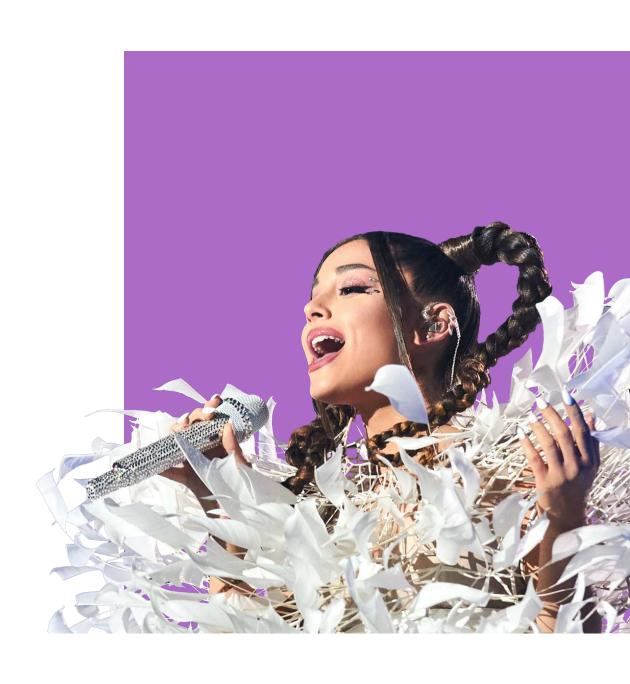


### GOVERNMENT SOLUTIONS AND ACTION

Unlike President Orlean, there are real-life examples of governments and institutions setting ambitious targets and working towards climate solutions. Discuss your own country, community, or organization's commitments. What more can be done and how can you help accelerate these larger systems?

#### **CLIMATE EMOTIONS**

- → How do you feel after watching the film? Talk about your feelings with others. What helps with distressing feelings you may have?
- who more directly face the threat and consequences of climate change (e.g. live in disproportionately impacted areas, work on climate change, youth)? What resources exist to help people cope with this? What resources or ways of finding support should exist? For tips check out Be Kind To Your Mind.
- In the film, parents worry about how to talk to their children about the impending comet - just as some parents worry about discussing the climate crisis. How can you explain this issue to young people, while helping them feel safe? What emotions might they experience, and how can you help them with these emotions?





We already know how to solve the climate crisis. While action from governments, businesses, and other institutions is critical, we as individuals can also play a powerful role. Project Drawdown estimates that individuals can drive 25-30% of the global emission reductions needed to avoid the worst of climate change. Alone, our steps may seem small. But when we come together, how we choose to eat, travel, power our homes, cast our votes, and speak our minds, has the power to influence institutions and leaders and drive change on a global scale.

Together with Count Us In and climate scientists, we've calculated the steps you can take that will have the most impact. Visit the <u>Don't Look Up climate action platform</u>, take a step and ask others to do the same. The world needs you!



Visit the *Don't Look Up* and *Count Us In* climate action platform at

www.count-us-in.com/DontLookUP

to take action and inspire your friends, family, colleagues, and the people around you to do the same



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Don't UP CLIMATE ACTION PLATFORM

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